

OFFICIAL SPECTATOR GUIDE

SWIMMING



PARIS LA DÉFENSE ARENA - NANTERRE











EXPERIENCE THE EXCEPTIONAL!



WELCOME TO THE PARIS 2024 OLYMPIC GAMES!

It's almost time to share the emotion of the Games first-hand from the stands, alongside your friends and family: a once-in-a-lifetime experience.

Get ready for exhilarating performances from the world's greatest athletes and discover exceptional competition venues at the heart of France's cultural and sporting heritage.

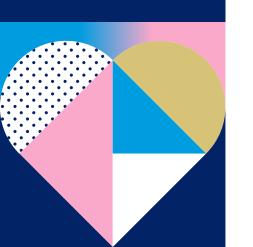
This guide contains all the important information you need to get the most out of your Paris 2024 Olympic experience. And to make it even more memorable, we've added some handy tips.

On your marks, get set... go!

INSIDE YOUR GUIDE...



The information contained within this guide (hereinafter the "Guide") is provided for educational or information purposes only. It should under no circumstances be considered as contractually binding between Paris 2024 and users of the Guide. Paris 2024 is thereby free to amend and/or update any elements, information, maps and times contained in this guide without prior notice. Paris 2024 may notify all users of these changes where necessary and insofar as possible.



SWIMMING: KEY INFORMATION



THE EVENT IN A NUTSHELL

«Swimming events consist of four strokes—for both individual and relay races—performed in a 50m pool: breaststroke, butterfly, backstroke and freestyle (front crawl). A fifth race, the mixed medley, combines all four strokes.

There are six distances on the programme: 50m, 100m, 200m, 400m and 1500m.»

PARIS 2024: KEY FIGURES

852 athletes, including 426 men and 426 women

gold medals awarded

SPECTATOR CODE OF CONDUCT

- Keep silent until the start then cheer on the athletes as they race.
- In the free circulation areas of the site, I respect the spaces reserved for people with disabilities.
- I am respectful of the venue and the environment. I use the designated paths and throw any litter in the waste containers provided.
- I behave in a civil and exemplary manner. Violence, racist, discriminatory, sexist, anti-LGBT+, and offensive remarks or behaviour have no place at the Games.

SESSION SCHEDULE



From Saturday 27th July to Sunday 4th August



17 sessions

9 with medals



Find the full schedule and results on the Official Application Paris 2024!

Download the app





(((b)) Some sessions are available with audio description on the Paris 2024 Official Application. Bring your earphones!

RULES, FUN FACTS, QUIZ... BECOME UNBEATABLE AT SWIMMING

AND OTHER OLYMPIC AND PARALYMPIC DISCIPLINES THANKS TO THE "COACH SPORT"





PARIS LA DÉFENSE ARENA - NANTERRE

Spectators:

13 100

Inauguration:

2017

Europe's largest indoor arena.

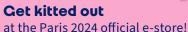
A BIT OF HISTORY

Swimming officially joined the Olympic Games programme in Athens in 1896, the inaugural Games of the modern Olympics. At the time, swimming events were held in the sea. The first women's event was competed in 1912 in Stockholm.

The United States dominates the medal table with over 250 gold medals.













RETRIEVE YOUR TICKETS



PARIS 2024 TICKETS ONLY ONE APP TO:







TRANSFER THEM TO YOUR RECIPIENTS



SELL THEM ON THE OFFICIAL RESALE PLATFORM

TICKETING FOR THIS EVENT IS 100% DIGITAL.
It is not possible to print your ticket to access the competition venue.



THE 4 STEPS TO ACCESS YOUR TICKET AND GET TO THE COMPETITION VENUE





Download the"Paris 2024 Tickets" app
on your smartphone.







Log in using your Paris 2024 details used to purchase your tickets.





Click on one of your sessions to discover the different tickets.

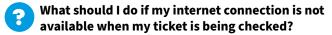




Open your tickets by clicking on one of them. A secure QR code will be displayed as you approach the event and will be available offline.



POCKET-SIZED TICKET FAQ



A secure QR code will be displayed on your ticket in the application, as the event approaches, to enable you to access the competition site. Activation of this QR code is automatic and does not require an internet connection. It is essential to log in beforehand with your Paris 2024 login details.



What should I do if my phone battery runs out during a ticket check?

It is your responsibility to ensure that your smartphone has sufficient battery power to present your digital ticket on the "Paris 2024 Tickets" application at the competition site access control. We invite you to prepare your visit carefully and to take the necessary precautions.





TRANSFER AND RESELL TICKETS



DID YOU BUY TICKETS FOR FRIENDS AND FAMILY?
TRANSFER THEM NOW SO THAT THEY CAN ACCESS
THE COMPETITION VENUE





Select one of your sessions on the homepage.

2



Select the desired ticket and click on "Transfer". Then, follow the various steps. 3



Your recipient needs
to download the
application, log in and
click on the link received.
They will then be able
to add the ticket to the
application.





Their ticket has been added to the application! If they can no longer attend the session, they can return it to you at any time via the app.



CAN'T MAKE IT TO YOUR SESSION? RESELL YOUR TICKET SECURELY





Click on "Resell" under the ticket concerned or on the "My ticket list" page on the "Paris 2024 Tickets" app. 2



Select the ticket you wish to resell from the list that appears. You can also resell several tickets.

3



Double check that you have selected the correct ticket(s). **Click on "Continue"** at the bottom of the page.





Your ticket is for sale!
If it is sold, you will be notified. If not, you can withdraw it at any time directly from the official resale platform.

If your ticket has been transferred to you by a specific entity or if it is part of hospitality offer, the resale is not possible.

See the full guide to the "Paris 2024 Tickets" App

Your Guide

GETTING TO THE COMPETITION VENUE

AS PARIS LA DÉFENSE ARENA - NANTERRE IS NOT ACCESSIBLE TO MOTORISED VEHICLES,

PARIS 2024 RECOMMENDS THAT SPECTATORS USE:



Public transport



Active mobility modes

P₊R

Park-and-ride facilities



- Pedestrian pathway
- Cycle path
- Spectator entrance/exit
- Spectator entrance/exit for people with disabilities
- "In-Venue Hospitality" entrance
- Accessible shuttle drop-off zone for people with disabilities
- Taxi drop-off zone for people with disabilities
- Drop-off zone for people with disabilities
- Wheelchair parking
- Bike park facility

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PFR · Personne en Fauteuil Roulant

PUBLIC TRANSPORT

LA DÉFENSE GRANDE-ARCHE











Then 650 m walk to the venue

NANTERRE-PRÉFECTURE





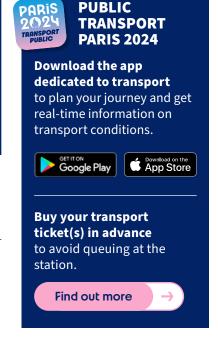
Then 500 m walk to the venue

OUR ADVICE

Use the «La Défense Grande-Arche» stop to access the competition venue.



Given the simultaneous organisation of various competitions in the Île-de-France region, large numbers of passengers are expected on public transport services. It is strongly recommended to plan sufficient time for your journey on public transport and to arrive on site at least 1h30 before the start of the session.





Two free, bicycle parking zones, open from 1h30 before the start of the session to 1h30 after the end, are available to spectators on the day of the event:

- → Place Nelson Mandela 92 000 Nanterre
- → Place Carpeaux 92 800 Puteaux

Bicycles helmets, electric batteries and other equipment are prohibited within the competition venue and must be left at the parking zone. Paris 2024 may not be held liable for any theft or damage.

PARK-AND-RIDE **FACILITIES**

Motorised vehicles (cars, motorbikes, etc.) are not authorised to park within the vicinity of the competition venue but park and ride facilities are available.

Book your car park close to public transport links to the competition venues.



















TRAVEL OPTIONS



SHUTTLE BUSES FOR WHEELCHAIR SPECTATORS

A dedicated transport service for spectators with a accessible or wheelchair ticket and their accompanying person will be provided to reach each of the competition venues for the Paris 2024 Games from several stations in Paris. This service is only accessible with early booking, possible up to 48 hours before the start of your session.

Spectators with disabilities are advised to use this service in light of the expected high number of travellers on public transport networks.

Find out more



♣ MOTOR VEHICLE

A drop-off zone for spectators with disabilities and parking spaces for spectators in wheelchair are available at Rue des 3 Fontanot (92000 Nanterre). Find all access arrangements on the accessibility page of the Paris 2024 official website.

Find out more



PUBLIC TRANSPORT

Find the recommended public transport lines and stations for people with disabilities on the Paris 2024 official website.

Public transport accessibility



From the accessible shuttle drop-off zone and from the wheelchair parking, spectators with disabilities will be accompanied to the venue entrance.

ON-SITE ARRIVAL



People with disabilities or with specific needs will be greeted on site by trained Paris 2024 volunteers.

This service notably includes priority access to the venue, mobility assistance, the provision of hearing assistance, as well a dog-friendly area. Full details of this service can be found at the Information Desk which can be located using the interactive map available on the following page.

The information shown on the maps and all accessibility information are provided for general guidance purposes only and may be unilaterally amended by Paris 2024 and/or modified between the date of publication of this Guide and the day of the session. Paris 2024 may notify all users of these changes where necessary and insofar as possible via the Paris 2024 Official App. Paris 2024 may not be held liable for these changes.



SERVICES AVAILABLE ON SITE



DISCOVER THE INTERACTIVE MAP OF YOUR VENUE!

THANKS TO THE INTERACTIVE MAP OF YOUR COMPETITION SITE MAKE IT EASY TO GET AROUND THE SITE!

FIND INFORMATION POINTS, FOOD AND BEVERAGE CONCESSIONS, ENTERTAINMENT AREAS AND MUCH MORE!



AVAILABLE ON THE PARIS 2024 OFFICIAL APPLICATION







Interactive map of the competition venue





NO LOCKERS ON SITE

Please bring only essential items. Any prohibited items shall be confiscated and will not be returned on exit.



ATMs

For payments onsite, we accept only Visa card and mobile payments, along with cash.



SMOKING BAN

Smoking and vaping are prohibited throughout the venue.



WASTE SORTING

Recycling bins are available at the competition venue.



A selection of products for all tastes can be found at the food and beverage concessions to provide delicious, more local and more plant-based nutrition. This selection is accompanied by a choice of non-alcoholic drinks.



Head to one of the official stores at the venue to pick up your own Paris 2024 Olympic souvenirs.



Fountains with drinking water are available free of charge at the venue. Remember to bring a metal or plastic bottle, 75 cl maximum, with you (glass is prohibited).



Make the most of the entertainment provided to add to the festive experience, with the activities offered by EDF.



VOLUNTEERS

Our volunteers (Paris 2024 and host cities) are available to help from start to finish. We're counting on you to make sure their contribution is recognised.

MEDICAL ASSISTANCE

If you require assistance, look for a medical station or a person wearing a red bib. Automated External Defibrillators (AEDs) are installed at the venue and are freely accessible.

PLAN YOUR ARRIVAL

ON THE DAY

ONCE THE SESSION IS FINISHED

THERE ARE NO LOCKERS ON SITE.

Make sure to take the bare minimum to make the access control process as smooth as possible.

Prohibited items will be confiscated and not returned on exit.

In addition to the standard safety checks, a systematic check of liquids is planned.

PROHIBITED ITEMS



Luggage, Bags> 25 L



Motorbike and Bicycle Helmets



Alcoholic Beverages



Weapons or objects that can be missed as a weapon



Explosives, Flammable Substances



Tools



Glass, Cans and Bottles> 75cl



Rigid Poles



Golf, Stick Umbrellas



Illegal Substances



Wireless Routers, Drones



Means of personal locomotion and batteries



Camcorders and Professional Cameras



Camera Lenses> 20cm



Animal



Objects Producing Excessive Noise



Political, Religious, Vulgar, Commercial Messaging



Laser Pointers



Flags> 1x2m and flags of countries and territories not participating in the Games – flags (current and historical) of, and other items that may be associated with, countries whose athletes are allowed to participate exclusively as individual neutral athletes

AUTHORIZED ITEMS



Walking sticks



Metal or plastic water bottles up to 75 cl (glass prohibited)



Bags up to 25 liters and 50H x 30 W x 20D (cm)



Foldable small umbrellas



Pushchair



Personal mobility devices for people with disabilities



Portable oxygen bottles for medical use



Guide and service dogs



Cameras with lenses shorter than 20 cm



Food in reasonable quantities and baby food



Sun cream in the form of sprays and misters



External battery for mobile phones



Flags of the countries and territories participating in the Games, without rigid poles Flags must not exceed 1x2 metres in size

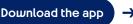


DOWNLOAD THE PARIS 2024 OFFICIAL APP

The must-have tool for the full Paris 2024 experience:

- → Key information to plan your arrival
- → Real-time notifications for your session
- → Dedicated features on site
- → and much more...







And to get even more out of the experience, log in to your ticketing account.



PREPARE YOUR ON-SITE PAYMENTS WITH VISA

Paris 2024 proudly accepts only Visa for card and mobile payments, along with cash, at Olympic and Paralympic venues to pay for food, beverages and official licensed products.

For spectators arriving without a Visa product, visit a Visa Prepaid Card Kiosk location or download the Visa Go app to add money to a virtual Visa Prepaid Card*







Terms and conditions apply

TIP FOR INTERNATIONAL SPECTATORS

I stay connected, I film, I comment, I share with my friends stayed at home! Our top tip: I buy my SIM card or my Orange Holiday eSIM before I leave and benefit from a 10% discount with Orange.

Buy my eSIM

PLAN YOUR ARRIVAL

ON THE DAY

ONCE THE SESSION IS FINISHED



Check that your phone is charged and that you've downloaded the necessary apps:

- "Paris 2024 Tickets" app
- Paris 2024 Official app
- "Public Transport Paris 2024" app



Check the weather forecast and plan accordingly (wide-rimmed hat, sun cream, sun glasses, foldable small umbrella, water bottle, etc.). For more information on prevention measures, see here.



Use public transport or active mobility modes. Make sure you have a valid transport ticket for the outward and return journey and check traffic conditions.

Buy your ticket





Plan to arrive at least 1h30

before the start of the session to make sure you have plenty of time to access the venue.

Any exit from the venue is final.



In case of lost items, go to the Information Point or the dedicated page. The page is due to go online at the start of the Games.



Victim of or witness to violence? Find your nearest security agent or a person wearing a red bib.



ALL OF THE FESTIVE EVENTS ACROSS FRANCE

CAN BE FOUND ON THE GAMES MAP ACCESSIBLE VIA THE PARIS 2024 OFFICIAL APP.

Came map →

PARK OF NATIONS (PARC DE LA VILLETTE)

Come and soak up the multicultural and festive atmosphere of the Paris 2024 Games and join in the enthusiasm of supporters from around the world.
Combining sport and culture in one, Club France and the Hospitality Houses of the National Olympic and Paralympic Committees invite you to celebrate the Games together.





CHAMPIONS PARK (TROCADÉRO)

For the first time in the history of the Games, the public will be invited each day to celebrate the previous day's medal winners at Trocadéro, an exceptional venue at the foot of the Eiffel Tower. The programme will include athlete parades and screenings of the day's major finals. Free and open to all, this venue is the go-to destination to follow the memorable moments of the Games.

THE CLUB 2024 ZONES

(ACROSS FRANCE)

A freely accessible celebration venue to share the experience of the competitions at the heart of Nanterre.

THE CULTURAL OLYMPIAD (RCROSS FRANCE)

Cultural events held near the sporting events.



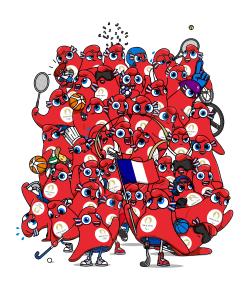
And that's everything you need to be ready on the big day!

We can't wait to share with you this unforgettable experience together at the Paris 2024 Games!





PRRIS 2024 GRMES OFFICIAL TICKETING



EXTEND YOUR PARIS 2024 ADVENTURE!

NEW TICKETS GO ON SALE EVERY DAY FOR THE OLYMPIC GAMES. IT'S NOW OR NEVER!

Click here to find tickets →

The Paralympic Games begins on August 28. Now is the time to make the most of it as a family, with tickets starting at €15 and a family offer to discover.

Find out more →

SEE YOU SOON FOR THIS EXTRAORDINARY ADVENTURE!

tickets.paris2O24.org









Paris 2024 thanks its Partners for their dedication.



Abatable **ABEO** Air Liquide **Aquatique Show** CRYSTAL Airweave Arena **Doublet Wasserman** DXC Technology Egis Enedis ES Global Eviden Fitness Park **Fnac Darty Garden Gourmet** Gerflor **Groupe RATP** Highfield Нуре **INDIGO** La Poste MTD Myrtha Pools OnePlan Loxam Lyreco Miko Mondo Optic 2000 Saint-Gobain Ottobock Randstad Rapiscan Systems **RGS Events** Re-uz SEDIF Salesforce SCC Schneider Electric **SNCF** Sodexo Live! SLX Technogym Terraillon Thermo Fisher Scientific **Tourtel Twist** VINCI **Viparis** Westfield

